

PASTRIES & BREADS 3

- LEMON ZUCCHINI BREAD
- MUFFIN, SCONE, OR ENGLISH MUFFIN
- PLAIN OR EVERYTHING BAGEL

BREAKFAST

MIXED FRUIT SMOOTHIE 5

YOGURT, APPLE CIDER, BANANA & BERRIES (ADD WHEY PROTEIN 2)

SMOKED SALMON BAGEL 12

LEMON, CUCUMBER, ONION & CAPER SCALLION CREAM CHEESE

EGG SANDWICH 10

SMOKED BACON, PIMENTO CHEESE, ARUGULA, SUNNY SIDE EGG, TOASTED BUTTER BUN

FRUIT & NUT GRANOLA 8

GREEK YOGURT, LOCAL HONEY

CHIA SEED PUDDING 9

PECANS, MARCONA ALMONDS, PINE NUTS, COCOA NIBS, BERRIES

STEEL CUT OATMEAL 8

SPICED APPLE BUTTER, STREUSEL

TWO FARM EGGS AS YOU LIKE 6

WHITE, WHEAT OR RYE TOAST

BUTTERMILK PANCAKES 11

MAPLE SYRUP, WHIPPED BUTTER & FRESH BERRIES

EGG WHITE FRITATTA 11

CAVE AGED GRUYERE, SPINACH, FOREST MUSHROOM

PROOF BENEDICT 14

CORN MEAL BISCUIT, SPALLA COTTA, 'RED-EYE' HOLLANDAISE

21c BREAKFAST 13

TWO FRIED EGGS, SPALLA COTTA, GRITS, TOAST

SIDES 5

- LOCAL BACON
- POTATO ROSTI
- LOUISMILL GRITS
- LOCAL SAUSAGE
- FRESH FRUIT
- FRESH BERRIES

BEVERAGES

- COFFEE 4
- ESPRESSO 4/6
- CAPPUCCINO 6
- LATTE 6
- NUMI TEA 5
- FRESH JUICES 3
- ICED TEA 3
- WHOLE, SKIM, SOY MILK 3
- SOFT DRINKS 3
- ELIXER KOMBUCHA 6

CHEF MIKE WAJDA & TEAM

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#stopsucking

>WE'VE TEAMED UP WITH LONELY WHALE TO HELP ELIMINATE PLASTICS FROM THE WORLD'S OCEANS. THAT'S WHY WE'VE ELIMINATED PLASTIC STRAWS FROM THE MENU. >CAN'T LET GO JUST YET? WE'RE HAPPY TO PROVIDE A BIODEGRADABLE PAPER



*Consuming raw or undercooked foods may result in foodborne illness.
Thank you to all of our local partners.