

LUNCH

WHIPPED RICOTTA 14

OREGANO, HORSERADISH, TRUFFLE

CHARRED OCTOPUS 16

BAGNA CAUDA, LIME, TOAST

CREAM OF BROCCOLI SOUP 11

SMOKED GOUDA, SAFFRON, ROASTED GARLIC

GRILLED CHICKEN AND ROMAINE SALAD 13

OVERNIGHT TOMATO, PINE NUT, PANGRATTATO, CREAMY PARMESAN, ANCHOVY

GRILLED SHRIMP SALAD 16

MIXED LETTUCES, PEPITA, POMEGRANATE CABERNET VINAIGRETTE

SPICY MIX GREENS 12

POMEGRANATE, BAY LEAF GRANOLA, CABERNET

GRILLED HAM & CHEESE 13

PARMESAN CRUST, AGED WHITE CHEDDAR, SMOKED CHEESE, BABY KALE

GRILLED CARROT SANDWICH 13

BAGUETTE, CHERMOULA, MINTED PEA, BUTTERNUT SEEDS

GULF SHRIMP BANH MI 15

PICKLED CARROT & DAIKON, SPICY MAYO, NUOC CHAM, BAGUETTE
ADD PATE OF THE DAY 3

PROOF BISON BURGER* 18

TILLAMOOK CHEDDAR, SMOKED BACON, JEZEBEL SAUCE

SMOKED BRISKET SANDWICH 14

DIJONNAISE, PICKLED ONIONS, KENNY'S RESERVE CHEDDAR, BRIOCHE BUN

KENTUCKY BENTO 16

BRATWURST, GERMAN POTATO SALAD, CRISPY CAULIFLOWER, MIXED LETTUCES, BROCCOLI SOUP

'HOT' FRIED CHICKEN 12

HOT PEPPER, WHITE BREAD, BOURBON BARREL RELISH, BREAD AND BUTTER PICKLES

GARGANELLI CARBONARA 18

GUANCIALE, ONION, EGG YOLK, BLACK PEPPER

FAROE ISLAND SALMON 22

QUINOA TABBOULEH, BUTTERNUT SQUASH, HARISSA, SHRIMP CHIP

SIDES 7

PROOF FRIES

BRAISED FARM GREENS

MIXED LETTUCES

CHEF MIKE WAJDA & TEAM

702 W MAIN STREET : LOUISVILLE KY : 40202

proofonmain.com
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*Consuming raw or undercooked foods may result in foodborne illness.
Thank you to all of our local partners.