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**NOTE: We're currently closed MON-WED**

## massage

### Swedish Massage

50min | **\$115 MON-THURS / \$135 FRI-SUN**

or 80min | **\$150 MON-THURS / \$170 FRI-SUN**

Leave stress behind. Release tension with long relaxing strokes.

### Deep Tissue

50min | **\$115 MON-THURS / \$135 FRI-SUN**

or 80min | **\$150 MON-THURS / \$170 FRI-SUN**

Work it out. Address problematic muscles and joints with a combination of techniques that stretch muscles, improve flexibility and flush unwanted toxins from the tissues.

### Himalayan Salt Stone Massage

50min | **\$125 MON-THURS / \$145 FRI-SUN**

or 80min | **\$160 MON-THURS / \$180 FRI-SUN**

Balance the central nervous system and nourish depleted cells with the pressure, motion, and thermal effects of warm Himalayan salt stone massage.

### Momma-to-Be Massage 50min | **\$115 MON-THURS / \$135 FRI-SUN**

(after 1st trimester, 12 weeks)

Nurture yourself with a relaxing pregnancy massage. A pregnancy pillow supports your belly so you and baby can rest comfortably and safely. Aching muscles are massaged.

## facials

### Add Peel to a Facial **MON-THURS +\$75.00 / FRI-SUN + \$85.00**

### 21c Signature Glow

50min | **\$125 MON-THURS / \$145 FRI-SUN**

or 80min | **\$145 MON-THURS / \$180 FRI-SUN**

This customized facial removes weathered surface skin cells to reveal your youthful glow. Specialized masks and enzymes help to soothe congestion, inflammation and dullness, resulting in skin that looks and feels refreshed. This facial is finished with NuFACE FIX to leave you with lasting skincare benefits.

### The Hydrating Glow

50min | **\$125 MON-THURS / \$145 FRI-SUN**

or 80min | **\$160 MON-THURS / \$180 FRI-SUN**

Banish the blahs with the Hydrating Glow Facial. It intensely hydrates thirsty skin from within, restoring your glow, and giving you the comfort and protection that come from healthy hydration levels. This facial is finished with NuFACE FIX to leave you with lasting skincare benefits.

### NuFACE Sculpting Facial 50min | **\$180 MON-THURS / \$200 FRI-SUN**

Immerse yourself in a treatment that provides supreme sculpting and toning with instant results.

## facial enhancements:

These facial enhancements add an additional 15 minutes to your treatment time

### The Wrinkle Reducer | **\$35 MON-THURS / \$45 FRI-SUN**

This treatment infuses Red Light Therapy that works to naturally reduce the appearance of deep full face wrinkles.

### The Eye Lift | **\$35 MON-THURS / \$45 FRI-SUN**

Targeted micro-current treatment that helps to reduce puffiness, dark circles and instantly lift and contour the eye to restore a youthful appearance.

### The Perfect Pout | **\$35 MON-THURS / \$45 FRI-SUN**

This treatment will instantly smooth, tighten and plump the lip area for a perfect pout.

## problematic skin treatment

### Oxygen Rx Skincare Treatment | **\$110 MON-THURS / \$130 FRI-SUN**

Relax as the effervescence of pure oxygen boosts circulation, stimulates cell turnover and leaves the complexion hydrated and revitalized.

## peels

### Hydrating Lactic Acid Peel | **\$110 MON-THURS / \$130 FRI-SUN**

This treatment is designed to gently and effectively exfoliate while simultaneously hydrating and brightening the skin. This complex treatment uses an advanced AHA complex that is gentle enough for your most sensitive skin types, resulting in fresh, hydrated, luminous skin.

### Alpha/Beta Complex Peel | **\$110 MON-THURS / \$130 FRI-SUN**

Fight the signs of aging with the combination of Lactic and Salicylic acids. This unique blend of alpha and beta acids will not only effectively exfoliate the skin but also even complexion. This is the perfect rejuvenator for all skin types assisting in lasting results.

## rituals

### AromaTouch Ritual 110min | **\$210 MON-THURS / \$240 FRI-SUN**

A therapeutic wonder designed to ease pain, this technique of dropping oils directly onto the spine creates the sensation of warm raindrops falling onto the skin. Essential oils are worked into the spine, stimulating impulses and dispersing goodness throughout the entire body.

## anti-aging treatments

**SWiCH™** 80min | **\$190 MON-THURS / \$210 FRI-SUN**

The SWiCH™ Dermal Rejuvenation System is a unique alternative to chemical peels that redefines how we treat age-damaged skin. SWiCH™ takes advantage of the skin's natural repair mechanism to help restore the skin's optimum appearance without injury to the skin. Reverse the signs of aging today and SWiCH™ on your skin's ability to repair itself from the inside out.

## men's treatments

**Men's Purifying Facial**

50min | **\$125 MON-THURS / \$135 FRI-SUN**

or 80min | **\$160 MON-THURS / \$170 FRI-SUN**

Expertly tailored for men, skin congestion is conquered with extractions, followed by a customized mask. This facial is finished with NuFACE FIX to leave you with lasting skincare benefits.

**Back Facial** 50min | **\$125 MON-THURS / \$145 FRI-SUN**

We've got your back! Give the back the attention it deserves with a skin cleansing, exfoliation and hydrating treatment.

**Ultimate Stress Reliever** 80min | **\$160 MON-THURS / \$180 FRI-SUN**

Unwind with a holistic treatment for the back, neck and shoulders. Begin with a foot soak before enjoying a stimulating back exfoliation and an intensive back massage with hot river stones and aromatic oils. A tension-relieving scalp, shoulder, and arm massage concludes the treatment.

## waxing

Arms

Underarms

Back

Chest

Full Legs

Upper Legs

Lower Legs

## express menu

Enjoy any of the following express treatments tailored to fit into even the busiest of schedules.

**Express Massage** 30min | **\$95 MON-THURS / \$105 FRI-SUN**

Relaxation, on the go! Enjoy a classic Swedish massage tailored to fit your busy life.

**The Express Glow Facial** 30min | **\$105 MON-THURS / \$125 FRI-SUN**

An "energy shot" for the skin! In just thirty minutes, glow-obscurating surface skin cells are dissolved, allowing fresh, glowing skin to emerge. Packed with rejuvenating antioxidants and hydrators, your face will feel and look refreshed and renewed.